

Why Study in Tanzania?

Tanzania is a beautiful country, rich in natural resources and culture. It is also one of the most medically underserved countries in the world. This Tanzania J-term experience will provide students with the opportunity to learn a Tanzanian perspective of wellbeing in terms of resourcefulness, creativity, sense of community and faith. Students will spend time with medical, spiritual, and educational leaders in village settings as well as urban settings. Music will be used as a communication bridge in connecting and sharing with the people. This course will be of interest to pre-health majors, religion majors and music majors.

About the Instructors

Barbara Zust is a professor in the Nursing Department. She teaches maternity nursing and mental health nursing at Gustavus. In the past, she has gone on J-term courses to Tanzania and Sweden.



Todd Mattson is the senior pastor at Living Waters Lutheran Church in Sauk Rapids, MN.

Fees

\$TBA

Deadlines

Applications available: April 1, 2014

Early applications due: April 15, 2014

Last day to apply: July 31, 2014

Tentative Dates

Prior to leaving, we will have 2 days at Mt.

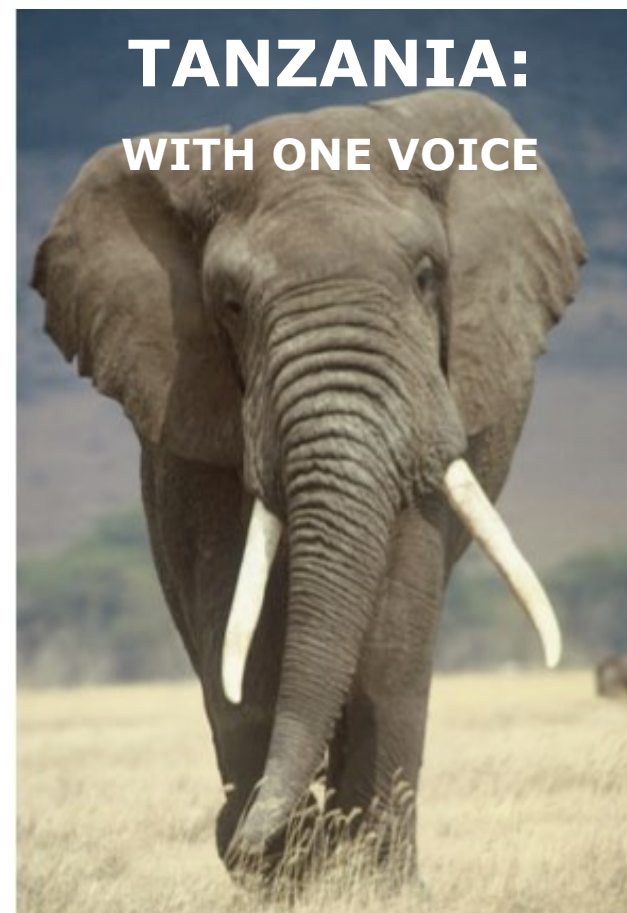
Olivet Retreat Center in Farmington, MN

January 7-January 28

Enrollment

Minimum 10

Maximum 18



TANZANIA: WITH ONE VOICE

FOR MORE INFORMATION:

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JANUARY TERM 2015

NDL 350



CENTER FOR
INTERNATIONAL AND
CULTURAL EDUCATION



About the Course

This course is designed for students who are interested in exploring health in Tanzania from a holistic perspective that regards one's physical, emotional and spiritual wellbeing as intricately enmeshed. Students will interact directly with Tanzanians in rural and urban health care settings, including an extended stay in a rural village. Because music plays an important role in Tanzanian culture, students will have numerous opportunities to join the people of Tanzania in singing favorite Tanzanian songs of faith in Swahili. Students will write daily narratives that reflect on the meaning of these journeys, which will culminate in a final project that will analyze how their collective narratives capture the universal themes of their Tanzanian experience.



Requirements

Before departing, students will complete a reflection paper as well as a group presentation. While abroad, they will write daily journal entries and will write a final report. These assignments will ultimately serve three separate, yet interrelated goals:

- 1) Students will explore health from a holistic paradigm in Tanzania—recognizing the roles of body, mind, and spirit.
- 2) Students will have numerous cultural immersion experiences in Tanzania, including an extended stay in the village of Tungamalenga.
- 3) Students will explore the meaning of music in Tanzania for human wellness (body/mind/spirit). Among other experiences, students will be active participants in a study that explores the lived experience of music in Tanzania.



Visits to the following sites:

- Ilula Hospital—a focus area for AIDS contribution
- Iringa: Iringa Medical Center; Neham Craft Center; Tumaini University
- Tungamalenga village clinic
- Ruaha National Park: One of the largest game reserves in Tanzania
- Bagamoyo—Seaport market; ancient Islamic religious site, museum of the Catholic Church where slaves were rescued.
- The Lazy Lagoon Resort on an island in the Indian Ocean. A place to reflect, write, swim, canoe, and snorkel.