



## Enrollment

Minimum: 15 students Maximum: 20 students

## Tentative Dates

January, 2014: Pre-trip seminar will be at Mount Olivet Lutheran Retreat Center, ( two days before departure).

## About the Instructors



**Barbara Zust**, is a Professor of Nursing at Gustavus Adolphus College. She has led January Term courses to Sweden and to Tanzania. She has also led Spring Break service trips to Guatemala and Petatlan, Mexico.



**Todd Mattson** is the senior pastor at Living Waters Lutheran Church in Sauk Rapids. He is the Hindi song leader for this experience and has been the Swahili song leader on two Gustavus J-terms to Tanzania. Todd has led musical youth troupes across the United States and Canada for the last 25 years.

**Prakash Pawar** has worked as a guide for international medical workers in India and Nepal for many years. He will be this January Term's personal guide for the duration of the experience.

## Fees \$TBA

(cost estimates will be available approximately mid-March)

## Deadlines

Applications available on StudioAbroad:  
<https://gustavus.studioabroad.com/>

Applications available: April 1, 2013  
Early applications due: April 15, 2013  
Last day to apply: July 31, 2013



**FOR MORE INFORMATION:**  
MORE INFORMATION IS AVAILABLE ON STUDIO-  
ABROAD:

<https://gustavus.studioabroad.com/>

### Course Instructor:

Barbara Zust  
Professor of Nursing,  
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### Linda Shaw

January Interim Coordinator  
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**JANUARY INTERIM 2014:**  
**INDIA & NEPAL**  
**NDL 250**

**WITH ONE VOICE**

**INSTRUCTOR: BARBARA ZUST & TODD  
MATTSON**



**CENTER FOR  
INTERNATIONAL AND  
CULTURAL EDUCATION**

## About the Course

India and Nepal are beautiful countries, rich in traditional music and cultural practices. They are also two of the most medically underserved countries in the world. This course is designed for students who are interested in exploring health in India and Nepal from a holistic perspective that regards one's physical, emotional and spiritual well-being as intricately enmeshed. Students will have the opportunity to learn from Indian and Nepalese people as well as provide hands-on care through various medical and humanitarian organizations. Because music plays an important role in Indian and Nepalese culture, students will have numerous opportunities to join the people of India and Nepal in singing favorite local songs in Hindi. Singing transcends the language barrier and provides us with a way of connecting with the people.



## Medical and Social Organizations

### Mother Teresa of Kolkata (Calcutta) Center

The Mother Teresa of Kolkata Center is a non-profit organization established and directed by the religious family founded by Blessed Teresa of Kolkata, the Missionaries of Charity.



### Butterfly Lodge (Pokhara)

Butterfly Foundation is a non-profit Nepal charity that supports under privileged and low income families in Nepal, based in Pokhara.

### Next Generation Nepal

Next Generation Nepal offers temporary care and education for children trafficked into Nepal's capital city of Kathmandu. The rescued children live in the safety of our transitional homes while the process of family reconnection begins.

### Prerana

Prerana works to end second generation prostitution and to protect women and children from the threats of human trafficking by defending their rights and dignity, providing a safe environment, supporting their education and health, and leading major advocacy efforts.

### Hands Clinic (Nepal)

Seeing Hands Nepal is a UK Registered Charity, set up to provide training and employment opportunities in massage therapy for young blind people in Nepal.



## Travel Sites

The trip will begin in Mumbai, and travel to Delhi, New Delhi, Kathmandu and Pokhara, Nepal and conclude in Kolkata (Calcutta), India.



Students will also visit the Taj Mahal, Red Fort, the historic city of Fatehpur Sikri, Davis Falls, Seti Gorge, Mahadev Cave, the International Mountain Museum, and a tiger sanctuary.

